

Jumpin' in the Morning

Choreographer: Rob Fowler – Jan 2016

Count: 96 / Wall: 4 / Level: Intermediate

Music: Jumpin' in the Morning by Jools Holland & Ruby Turner

Intro: 48 (approx. 17 secs) BPM: 192 (approx.) No Tags Or Restarts

Sec 1: Kick R, Step R, Kick L, Step L, Scuff R, Hitch R, Step Back R, Hold

1-4 Kick R fwd, step R next to L, Kick L fwd, step L next to R

5-8 Scuff R fwd, hitch R knee, Step back R, hold (12 o'clock)

Sec 2: L Coaster Step, R Point Fwd, Hold, Step Back R, Hold

9-12 Step back L, step R next to L, Step fwd L, hold

13-16 Point R toe fwd, hold, Step back R, hold

Sec 3: L Coaster Step, Hold, Step 2 x ½ Turns L, Hold

17-20 Step back L, step R next to L, Step fwd L, hold

21-24 Step fwd R, make ½ turn L, Make ½ turn L step back R, hold

Sec 4: Back Clap x 2, L Coaster Step, Hold

25-26 Step back L, touch R next to L and clap

27-28 Step back R, touch L next to R and clap

29-32 Step back L, step R next to L, Step fwd L, hold

Sec 5: Step R, Lock L, Step R, Brush L, Step L, Lock R, Step L, Brush R

33-36 Step fwd R to R diagonal, lock L behind R, Step fwd R to R diagonal, brush L

37-40 Step fwd L to L diagonal, lock R behind L, Step fwd L to L diagonal, brush R

Sec 6: Slow Jazz Box ¼ Turn R

41-44 Cross R over L, hold, Step back L, hold

45-48 Make ¼ turn R, hold, Step L next to R, hold (3 o'clock)

Sec 7: Heel Grind, Rock Step, Kick R, Step R, Point L, Clap

49-50 R heel grind slightly crossing over L (R toe pointing L, turning to R, weight back on L)

51-52 Rock back diagonal R on R, recover on L

53-56 Kick R diagonally across L, step on R, Point L to L side, clap hands

Sec 8: L Heel Grind, Rock Step, Kick L, Step L, Point R, Clap

57-58 L heel grind slightly crossing over R (L toe pointing R, turning to L, weight back on R)

59-60 Rock back diagonal L on L, recover on R

61-64 Kick L diagonally cross R, step on L, Point R to R side, clap hands

Sec 9: Weave Behind, Side L, Cross R, Brush L, Side L, Touch R, Side R, Kick L

65-68 Step R behind L, step L to L side, Cross R over L, brush L

69-72 Step L to L side, touch R next to L, Step R to R side, kick L to L

Sec 10: Weave Behind, Side R, Cross L, Brush R, Side R, Touch L, Side L, Kick R

73-76 Step L behind R, step R to R side, Cross L over R, brush R

77-80 Step R to R side, touch L next to R, Step L to L side, kick R to R

Sec 11: Back R, Kick L, Back L, Kick R, R Coaster Step, Hold

81-84 Step R behind L, kick L to L, Step L behind R, kick R to R

85-88 Step back R, step L next to R, Step fwd R, hold

Sec 12: Step L, ½ Turn R, Step L, Hold, Run R,L,R,L

89-92 Step fwd L, make ½ turn R, Step fwd L, hold

93-96 Run fwd R,L,R,L (9 o'clock)

START OVER